



Zenergy School of Massage and Bodywork

2011 Course Schedule

Anatomy, Physiology, Pathology, Kinesiology 1			
	4/4/11 - 6/6/11	Monday	4 pm - 8 pm No class May 30 th , 2011
Anatomy, Physiology, Pathology, Kinesiology 2			
	1/10/11 - 3/21/11	Monday	4 pm - 8 pm
	6/13/11 - 8/29/11	Monday	4 pm - 8 pm No class July 4 th , 2011
Lines and Points			
	3/11/11 - 3/13/11	Friday, Saturday, Sunday	8 am - 5 pm
Ethics and Law			
	1/15/11 - 1/16/11	Saturday, Sunday	8:30 am - 5 pm
Business and Marketing			
	5/31/11 - 7/19/11	Tuesday	12 pm - 4:15 pm
Massage and Bodywork Theory			
	2/3/11 - 2/24/11	Thursday	11 am - 3 pm
Western Massage Technique 1			
	2/7/11 - 3/7/11	Monday	4 pm - 8 pm
The Kinetic Chain			
Fundamentals of Clinical Massage and Clinical Reasoning			
	1/13/11 - 2/3/11	Thursday	4 pm - 8 pm
Connective Tissue, Fascia and Range-of-Motion			
	2/2/11 - 3/9/11	Wednesday	4 pm - 9 pm
Fundamentals of Thai Bodywork (Level 1)			
	1/7/11 - 1/9/11	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	3/11/11 - 3/13/11	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	4/29/11 - 5/1/11	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	6/17/11 - 6/19/11	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm

Fundamentals of Therapeutic Thai Bodywork (Level 2)			
	3/31/11 – 4/3/11	Thursday, Friday, Saturday, Sunday	8:30 am - 5:45 pm each day
Thai Massage - Supine (Level 3)			
	5/6/11 – 5/8/11	Friday, Saturday, Sunday	Fri 5 pm - 8 pm, Sat & Sun 9 am - 5 pm
Thai Massage - Side Lying (Level 3)			
	5/19/11 – 5/20/11	Thursday, Friday	8:30 am – 5:30 pm
Thai Massage - Prone and Seated (Level 3)			
	5/21/11 – 5/22/11	Saturday, Sunday	8:30 am – 5 pm
Table Thai/Table Spa			
	1/10/11 – 1/11/11	Monday, Tuesday	8 am - 5pm
Hands Free 1 Thai Massage			
	2/5/11 – 2/6/11	Saturday, Sunday	8 am - 5 pm
Clinical Integration 1 - Shoulder			
	2/10/11 – 3/10/11	Thursday	4 pm - 9 pm
Clinical Integration 2 - Elbow, Forearm, Wrist and Hand			
	3/16/11 – 4/13/11	Wednesday	4 pm - 9 pm
Clinical Integration 3 - Hip, Thigh and Knee			
	4/21/11 – 5/19/11	Thursday	4 pm - 9 pm
Clinical Integration 4 - Low leg, Ankle and Foot			
	5/26/11 – 6/23/11	Thursday	4 pm - 9 pm
Clinical Integration 5 - Lumbar Spine and Sacrum			
	6/30/11 – 7/28/11	Thursday	4 pm - 9 pm
Clinical Integration 6 - Head, Neck and Cervical Spine			
	8/4/11 – 9/1/11	Thursday	4 pm - 9 pm
Chair Massage			
	1/18/11	Tuesday	8 am - 5 pm

Fundamentals of Prenatal Massage			
	4/14/11	Thursday	8 am - 5 pm
Reiki I			
Thai SPORT Massage™			
	2/12/11 – 2/13/11	Saturday, Sunday	8 am - 5 pm
Thai Foot Massage			
	2/8/11	Tuesday	8 am - 5 pm
Fundamentals of Lymphatic Massage			
	2/19/11 – 2/20/11	Saturday, Sunday	8 am - 5 pm
Holistic Wellness and other movement therapies			
	4/23/11 – 4/24/11	Saturday, Sunday	8 am - 5 pm
Spa Therapies			
	3/18/11 – 3/20/11	Friday, Saturday, Sunday	8 am - 5 pm