



Zenergy School of Massage and Bodywork

2010 Course Schedule

Anatomy, Physiology, Pathology, Kinesiology 1			
	3/22 - 5/17/10	Monday	4 pm - 8 pm
	9/16/09 - 11/18/10	Thursday	4 pm - 8 pm No class October 7 th , 2010
Anatomy, Physiology, Pathology, Kinesiology 2			
	6/7/10 - 8/23/10	Monday	4 pm - 8 pm No class July 5 th , 2010
Lines and Points			
	10/22/10 - 10/24/10	Friday, Saturday, Sunday	8 am - 5 pm
Ethics and Law			
	5/1/10 - 5/2/10	Saturday, Sunday	8 am - 5 pm
Business and Marketing			
	11/4/10 - 1/6/11	Thursday	4 pm - 8:30 pm No class November 25 and December 30, 2010
Massage and Bodywork Theory			
	1/29/10 - 1/31/10	Friday, Saturday, Sunday	Fri 5 pm - 9 pm, Sat & Sun 8 am - 5 pm
	5/13/10 - 6/3/10	Thursday	10 am - 3 pm
	10/1/10 - 10/3/10	Friday, Saturday, Sunday	Fri 5 pm - 9 pm, Sat & Sun 8 am - 5 pm
Western Massage Technique 1			
	2/1/10 - 3/1/10	Monday	4 pm - 8 pm
	10/6/10 - 11/3/10	Wednesday	12 pm - 4 pm
The Kinetic Chain			
	4/16/10 - 4/18/10	Friday, Saturday, Sunday	8am - 5 pm
	11/16/10 - 12/21/10	Tuesday	4 pm - 9 pm
Fundamentals of Clinical Massage and Clinical Reasoning			
	4/8/10 - 4/29/10	Thursday	4 pm - 8 pm
Connective Tissue, Fascia and Range-of-Motion			
	9/13/10 - 10/25/10	Monday	4 pm - 8:15 pm First class meets until 8:30 pm

Fundamentals of Thai Bodywork (Level 1)			
	1/8/10 - 1/10/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	2/19/10 - 2/21/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	4/9/10 - 4/11/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	6/4/10 - 6/6/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
	11/12/10 - 11/14/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
Fundamentals of Therapeutic Thai Bodywork (Level 2)			
	6/10/10 - 6/13/10	Thursday, Friday, Saturday, Sunday	8:30 am - 5:45 pm each day
	10/7/10 - 10/10/10	Thursday, Friday, Saturday, Sunday	8:30 am - 5:45 pm each day
Thai Massage - Supine (Level 3)			
	3/3/10 - 3/5/10	Wednesday, Thursday, Friday	Wed 6 pm - 9:30 pm, Thursday & Friday 9 am - 5:30 pm
	11/19/10 - 11/21/10	Friday, Saturday, Sunday	Fri 6 pm - 9 pm, Sat & Sun 9:30 am - 5:30 pm
Thai Massage - Side Lying (Level 3)			
	3/6/10 - 3/7/10	Saturday, Sunday	9 am - 5:30 pm each day
	12/4/10 - 12/5/10	Saturday, Sunday	9 am - 5:30 pm each day
Thai Massage - Prone and Seated (Level 3)			
	3/8/10 - 3/9/10	Monday, Tuesday	8 am - 6 pm
	12/6/10 - 12/7/10	Monday, Tuesday	8 am - 6 pm
Table Thai/Table Spa			
	2/6/10 - 2/7/10	Saturday, Sunday	8 am - 5pm
	8/5/10 - 8/6/10	Thursday, Friday	8 am - 5pm
Hands Free 1 Thai Massage			
	3/20/10 - 3/21/10	Saturday, Sunday	8 am - 5:30 pm
	5/15/10 - 5/16/10	Saturday, Sunday	8 am - 5:30 pm
	8/28/10 - 8/29/10	Saturday, Sunday	8 am - 5:30 pm
Hands Free 2 Thai Massage			
	7/23/10 - 7/25/10	Friday, Saturday, Sunday	Fri 5 pm - 8 pm, Sat & Sun 9:30 am - 5:30 pm
Clinical Integration 1 - Shoulder			
	5/4/10 - 6/1/10	Tuesday	4 pm - 9 pm
Clinical Integration 2 - Elbow, Forearm, Wrist and Hand			
	6/30/10 - 7/28/10	Wednesday	4 pm - 9 pm

Clinical Integration 3 - Hip, Thigh and Knee			
	8/4/10 - 9/1/10	Wednesday	4 pm - 9 pm
Clinical Integration 4 - Low leg, Ankle and Foot			
	9/8/10 - 10/6/10	Wednesday	4 pm - 9 pm
Clinical Integration 5 - Lumbar Spine and Sacrum			
	10/13/10 - 11/10/10	Wednesday	4 pm - 9 pm
Clinical Integration 6 - Head, Neck and Cervical Spine			
	11/1/10 - 11/29/10	Monday	4 pm - 9 pm
Chair Massage			
	7/29/10	Thursday	8 am - 5 pm
Fundamentals of Prenatal Massage			
	5/22/10	Saturday	8 am - 5 pm
Reiki 1			
	2/13/2010	Saturday	10 am - 4 pm
	3/23/2010	Tuesday	10 am - 4 pm
	5/4/2010	Tuesday	10 am - 4 pm
	10/23/2010	Saturday	10 am - 4 pm
Thai SPORT Massage™			
	9/25/10 - 9/26/10	Saturday, Sunday	8 am - 5 pm
Thai Foot Massage			
	7/15/10	Thursday	8 am - 5 pm
Fundamentals of Lymphatic Massage			
	5/15/10 - 5/16/10	Saturday, Sunday	8 am - 5 pm
Holistic Wellness and other movement therapies			
	8/7/10 - 8/8/10	Saturday, Sunday	8 am - 5 pm
Spa Therapies			
	9/17/10 - 9/19/10	Friday, Saturday, Sunday	8 am - 5 pm